

MSUM Judo and Gentle Ways, Inc. present
Coaching and Kata Clinic
Featuring Frances Glaze

Schedule: October 29, 2011

Teaching Judo to Young Children

10:00 am—11:30 pm

Kime no Kata

1:00 pm—5:00 pm

Cost: \$25



Keiko Fukuda Sensei uses
Glaze sensei to
demonstrates wakiyatme.

Location:

Red River Dojo
1335 Main Ave
Fargo, ND 58103

Proof of membership with current insurance in the USJA,
USJF or USJI is required.

Membership applications will be available on site.

Frances Glaze has trained and competed in kata for over 30 years. She is certified as an 'A' level instructor by the United States Judo Federation and an 'A National' level judge by the United States Judo Inc. in the following kata

Nage no Kata

Katame no Kata

Ju no Kata

Kodokan Goshin Jutsu

Kime no Kata

Koshiki no Kata (USJF only—No USJI certification exists)

Itsutsu no Kata.

Frances won her first national kata title in 1973 winning gold in overall. She continued competing and winning until she took a break from competition to raise her children. She returned to competition in 2000 winning the overall championship at the Fukuda International Kata Championships and the 2001 US National Kata Championships. She followed it up with a sweep of the kata gold medals at the 2001 Pan Am Judo Championships

Glaze Sensei taught an excellent kata clinic for us in 2001, 2005 and 2010. We are very pleased to have her back in Fargo.



Coaching and Kata Clinic Registration Form

Participant Information

Name: _____ **Age:** _____ **Phone:** _____
e-Mail Address: _____
Mailing Address: _____
City: _____ **State:** _____ **Zip:** _____
USJI, USJF, or USJA Number: # _____ **OTHER** # _____
Exp Date _____ **Club:** _____
Judo Rank: _____ **Org who issued rank** _____

If assistance/accommodation is needed (check off appropriate box)

Vision Loss/Blindness Hearing loss/Deafness Other _____

Type of assistance/accommodation requested or name of person assisting _____

You need to have your current updated USJF, USJI, or USJA card with you for participation in the workshop

Membership will be on sale at the event USJF – USJA - USJI

The Warning! Waiver and Release of Liability and Agreement to participate must be completed.

