

Steve Cohen's Youth Judo Development Workshop

Hosted by:



Youth Judo Development has established a series of workshops in order to promote the longevity of judo and its principles for the competitive youth.

The workshops will be facilitated and instructed by 1988 Judo Olympian and Coach of the 2000 Olympic team Mr. Steve Cohen. Steve successfully coached athletes for over 45 years and his results include many national champions, Olympic medalists and World champions. What makes Steve different is he not only is an elite coach, he is also a developmental coach having one of the strongest clubs for young athletes since 1980.

The purpose over the course of the workshops will be to teach a curriculum of developmental fundamentals that can be practiced and taught by anyone who works with the youth in the judo community. These workshops will be conducted at regionally designated facilities.

There will be 3 workshops, each focusing on the fundamentals of judo, which is key to putting young athletes on the path to learning. Lastly, but so very important is the teaching of developing the youth into a skilled, focused competitor. Each workshop will be 3-4 hours in length, with ample time for questions and answers.

In this workshop the first session will be a discussion of all aspects of teaching including running a club, bringing in new students, etc. The second will be hands on with athletes. Coaches/Teachers, if you want to bring one or two of your top athletes, we will help direct you on how to develop that athlete. This will be a great learning experience for all attending and of course the coach and athlete will benefit.

When: Sat. February 9th

Time: first session 10am-12pm second session 1:30pm-3:30pm

Cost: \$40

This is a must attend for every coach developing grassroots judo.

Any questions contact Paul Jordan 440.315.1358