

KONAN YUDANSHAKAI  
2019 Fight Like a Girl Camp  
USJF Sanction # 19-08-02



**Date:** Aug. 3-4, 2019 **Where:** Southside Dojo, 8534 Portage Rd. Portage, Mi. 49002

**Eligibility:** All participants **must** provide their **primary** U.S.J.F., U.S.J.I. or U.S.J.A. card. Foreign contestants **must** have the proper ID from their home country. If you do not present your valid primary card, you must purchase one on site. U.S.J.I., U.S.J.F., and U.S.J.A. applications will be available at the dojo. All junior's campers must have a signed consent head up concussion form.

**Registration:** At the door starts Saturday, August 3, 2018 at 12:30pm. Please be on the mat by 1:30pm.

If you will be joining us for the Sunday Clinic only please register by 8:30am on Sunday as the on mat session starts at 9am.

**Clinicians:** Sensei Frances Glaze, Sensei Vickie Daniels, Sensei Lorey Edwards, others TBD

**Cost:** Camper pre-register \_\_\_ \$45/2 day    Walk in Camper \_\_\_ \$55/2 day

**Pre-register one day** \_\_\_ \$30.00/day    **Walk in one day** \_\_\_ \$40.00/day

**Instructions:**

Campers bring your sleeping bag, towel, and any personal item you will want for the stay. Included for the campers, will be a Saturday night cookout, breakfast and a snack lunch Sunday. Please complete all the registration sheets, the Waiver, and if your are under 18 the head injury sheet. **Pre-Registration must be postmarked no later than July 26, 2019.**

Please make check payable to Louise Ullman 47 W. Dallas Ave. Madison Heights, MI 48071  
Pre-registration is appreciated in order to plan the events and meals for the campers.

**Information Contact and Flier:** Deborah Fergus, [defrgs6@gmail.com](mailto:defrgs6@gmail.com). (269) 208-1068

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**Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Age \_\_\_\_\_

E-mail \_\_\_\_\_

Organization: \_\_\_\_\_ Member #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Club: \_\_\_\_\_ Rank and belt color \_\_\_\_\_

Camper pre-register \_\_\_ \$45/2 day Walk in Camper \_\_\_ \$55/2 day

Pre-register one day \_\_\_ \$30.00/day Walk in one day \_\_\_ \$40.00/day

Make checks payable to and mail to: Louise Ullman 47 W. Dallas Ave. Madison Heights, MI 48071

**If assistance/accommodation is needed (check off appropriate box)**

Vision Loss/Blindness  Hearing loss/Deafness

Other \_\_\_\_\_ Type of assistance/accommodation requested or name of person assisting

Pre Registration by July 26, 2019 is appreciated: Please complete this form and the waiver and the concussion form (if under 18). Please make the check payable to and send to:

Louise Ullman 47 W. Dallas Ave. Madison Heights, MI 48071

Or bring to Camp if not pre registered.

Phone Sensei Deborah Fergus for more information: 269 208 1068

**WARNING!**

**WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities (“Activity”) of the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Konan Judo Yudanshakai, Inc., Deborah Fergus, Southside Dojo LTD, and all clinicians**, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.
2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.
5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Konan Judo Yudanshakai, Inc., Deborah Fergus, Southside Dojo LTD, and all clinicians**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.**

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Participant	Participant’s Signature	Date
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**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child’s involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child’s participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

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Parent/Legal Guardian	Parent/Legal Guardian’s Signature	Date
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**HEAD UP WAIVER**

***For those under 18; this form must be signed by the parent or guardian and minor***

**CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

**WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?**

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluation for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

**WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?**

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions in your athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

By my name and signature below, I acknowledge in accordance with Public Acts 342 or 2012 that I received and reviewed this concussion educational material.

\_\_\_\_\_  
STUDENT-ATHLETE NAME PRINTED

\_\_\_\_\_  
STUDENT-ATHLETE NAME SIGNED

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT OR GUARDIAN NAME PRINTED

\_\_\_\_\_  
PARENT OR GUARDIAN NAME SIGNED

\_\_\_\_\_  
DATE