



Konan Promotional Workshop – Part 2

USJF Sanction Number: 23-03-01

Date: Sunday March 3, 2023

This workshop will review the requirements for promotion focusing on Sankyu and above techniques. The previous workshop focusing on Rokyū and Gokyū techniques will be found on the Konan Website.

Time: Registration: 12:30 pm – 1:00 pm
Workshop to commence starting at 1:00 pm

Location: Shojin dojo
29223 Southfield Rd.,
Southfield, MI, 48086
248-358-0121

This workshop will be streamed via zoom – for those who want to participate please email and register with Chris Reid, Konan President at liqidtensn@hotmail.com Registration protocols will still need to be followed.

Workshop Entry Fee: \$20.00 USD

Clinician:

Francis Glaze, Shichidan Chairperson Konan Board of Examiners
IJF-Judge, USA Judo “A” Judge, USJF “A” Teacher (in all 7 Katas), and a former International Kata competitor

ELIGIBILITY: All contestants must **present** a valid U.S.J.I., U.S.J.F. or U.S.J.A card at the workshop site. If you cannot produce a card, in order to participate, you will need to purchase a membership on site. Foreign contestants must have the proper ID from their home country.



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Shojin dojo
29223 Southfield Rd.
Southfield, MI, 48086

NAME:

ADDRESS:

CITY:

STATE:

ZIP:

PHONE:

BIRTH DATE:

CLUB:

RANK:

AGE: GENDER: PRIMARY USJI, USJF, USJA (circle one) #

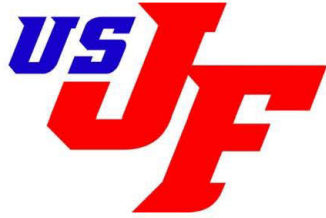
/Exp. Date:

JUDO CANADA PASSPORT #

If assistance/accommodation is needed (check off appropriate box)

Vision Loss/Blindness Hearing loss/Deafness Other

Type of assistance/accommodation requested or name of person assisting



UNITED STATES JUDO FEDERATION

Medical Committee

Mailing Address: PO Box 338
Ontario, OR 97914-0338

Telephone: (541) 889-8753

FAX: (541) 889-5836

Internet: www.usjf.com

USJF Medical Committee - COVID Update 10/2022

Effective immediately, the following shall apply to all USJF Dojos and all USJF events, local and national:

Testing:

1. USJF events will follow jurisdictional COVID-19 guidelines provided by the local/state health department and/or appropriate government entities
2. COVID testing is not a requirement from the USJF national office
3. Testing *may* be required at the discretion of the event medical director, depending on local conditions
4. International competitors from outside the United States will need to follow COVID-19 Testing and other protocols as required by the US State Department/CDC.

Vaccinations:

1. There is no COVID-19 vaccine requirement for athletes, referees, staff, vendors, or spectators. However, COVID-19 vaccines are highly encouraged.

Masking:

1. Masking should follow local/state health department guidelines
2. There is no masking requirement from the USJF national office

Symptom Screening:

1. Symptoms screening, visitor logs, or temperature checks are not required
2. Symptom screening *may* be performed at the discretion of the head sensei, or event medical director
3. Individuals actively experiencing symptoms including fever, cough, sore throat, and fatigue should not practice/participate

Hygiene:

1. Continue to sanitize/wash hands frequently
2. Clean mats and equipment regularly

Returning to Activity after COVID Infection:

1. Members who were asymptomatic or had mild symptoms may return to activity on a gradual basis after an appropriate period of isolation. Please visit the CDC website for isolation guidelines:
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html> [cdc.gov]
2. Members who require hospitalization or experience new or prolonged cardiopulmonary symptoms should consult with their personal physician BEFORE returning to activity
3. If you have any questions or concerns, please consult your personal physician